



Gary Craig, Founder of EFT

Stanford engineer brings Einstein's discoveries to psychotherapy

New doors open as free and "almost free" materials provide quality training in Emotional Freedom Techniques (EFT).

(It often works where nothing else will)

www.emofree.com

Dear Professional,

There has been a major oversight in the field of emotional healing.

Over 70 years ago Einstein brought us his famous equation $E=mc^2$. Simply stated this means that everything (including our bodies) is composed of energy. This is so widely accepted that not one scientist on the planet disagrees with it.

Until recently, however, it has gone unnoticed by the psychotherapy profession. This is true even though *energy related procedures* have now been clinically demonstrated thousands of times to dramatically reduce the sting of traumatic memories, grief, anger, phobias and almost any emotional ailment you can name (see www.emofree.com). Further, it is usually rapid, long lasting and relatively gentle. It often works where nothing else will.

Success rates

Let me hasten to add that these new procedures don't do everything for everyone. Unless you truly master them, you will fail at least 20% of the time. However, newcomers that use only the "mechanics" of the process achieve either noticeable improvement or complete cessation of the problem about 50% of the time. Those who master the "art of delivery" enjoy this type of success over 80% of the time—even on such intense issues as PTSD, phobias, rape and grief.

The underlying idea here is that your clients aren't "mentally blocked". Rather they are "energy blocked". This refreshing way of viewing the human system suggests that an important cause of emotional problems can be found in the disruption of the subtle energies that are known to circulate throughout our bodies. We find repeatedly that properly

stimulating these subtle energies (by tapping on them with our fingertips) results in new levels of emotional freedom. That's why we call the procedure Emotional Freedom Techniques (EFT for short).

Interestingly, our results aren't limited to emotional issues. As you can appreciate, bringing relief to someone's anger, fear or trauma also brings relief to physical ailments

Along these lines, I have personally used these techniques to relieve people's headaches (even migraines), carpal tunnel, lactose intolerance, joint pain, stomach disorders, Irritable Bowel Syndrome, heart arrhythmia, high blood pressure, asthma and over 100 other physical ailments. Visit our web site at www.emofree.com and you will find an endless list of success ranging from back pain to fibromyalgia. They are written mostly by your professional peers and their clients

We also have successes with anxiety, depression and abuse. In addition, the true masters of EFT report impressive results with addictions, overweight and even psychotic problems.

EFT is affordable to learn

Fortunately, it is both easy and low-cost to add EFT to your "people helping toolbox." Go to our web site and you will find a list of "free and almost free stuff". This includes the **completely free 79 page EFT Manual** that you can download. It contains all the theory and the mechanics of EFT. You can also listen in on our **free EFT email support list** and receive recent case histories, tips, hints, how-to's and other useful support.

There's also a **Newcomer's package** that I will send to you on an Honor System Payment basis (you can choose to

either pay \$15 or more OR return it). It contains a set of 3 videos (about 1 hour each) on CD that play on your computer. These show EFT in action on such issues as rape trauma, shoulder pain, driving phobia, improved golf score, mouse/rat phobia chocolate cravings AND an hour long video showing the use of EFT on PTSD with a group of hospitalized war veterans at the Los Angeles Veterans Administration. There is also a video that gives you a personal experience with EFT by walking you through the process on a bothersome memory of your own.

The above will get you started. After that, if you want complete professional training you can order our low-cost advanced training videos. Workshops are also available around the world. You can view listings for them on our web site and you can even list your own. No charge.

Mission

As should be clear by now, this ad is part of a mission to bring these procedures to your attention. That is why there is so much free info on our web site and it is also why learning EFT in a quality way is so affordable. It is satisfying beyond words to know that thousands are getting impressive relief every day by using these procedures. It's what makes my motor run nowadays.

With great respect for all that you do,

Gary Craig, Founder, EFT
www.emofree.com

P.S. If you choose to use EFT you can **list yourself for free on the "Find an EFT Practitioner" section of our web site** (it is visited over 6,000 times per month by prospective clients).